



UNDERWOOD SCHOOL MENU

September 2017

Mon	Tue	Wed	Thu	Fri
<p>4</p>  <p>HAPPY LABOR DAY</p> <p>NO SCHOOL</p>	<p>5</p> <p>BREAKFAST Cereal, Toast, Fruit</p> <p>LUNCH Hot Dog on Bun, Baked Beans, Chips, Carrots/Broccoli, Fruit</p>	<p>6</p> <p>BREAKFAST Long John, Cheese Stick, Fruit</p> <p>LUNCH Chicken Nuggets, Mashed Potatoes, Gravy, Green Beans, Fruit</p>	<p>7</p> <p>BREAKFAST Cereal, Toast, Fruit</p> <p>LUNCH Pulled Pork on bun, Cole Slaw, Sweet Potato Nuggets, Fruit</p>	<p>8</p> <p>BREAKFAST Cheese Omelet, Toast, Fruit</p> <p>LUNCH Pizza, Romaine Salad, Cucumbers/Cauliflower, Fruit</p>
<p>11 ALT: Sandwich/Chips</p> <p>BREAKFAST French Toast Sticks, Fruit</p> <p>LUNCH Spaghetti Noodles, Meat Sauce, Breadstick, Corn, Carrots Fruit</p>	<p>12 ALT: Salad Bar</p> <p>BREAKFAST Cereal, Toast, Fruit</p> <p>LUNCH Grilled Chicken, Rice, Green Beans, Celery, Dinner Roll, Fruit</p>	<p>13 ALT: Sandwich/Chips</p> <p>BREAKFAST Donut, Cheese Stick, Fruit</p> <p>LUNCH Salisbury Steak, Mashed Potatoes, Gravy, Carrots, Dinner Roll, Fruit</p>	<p>14 ALT: Salad Bar</p> <p>BREAKFAST Cereal, Toast, Fruit</p> <p>LUNCH BBQ on Bun, Smile Fries, Celery/Carrots, Dip, Fruit</p>	<p>15</p> <p>BREAKFAST Egg Bake, Toast, Fruit</p> <p>LUNCH Hoagies, Baked Beans, Potato Salad, Chips, Fruit</p>
<p>18 ALT: Sandwich/Chips</p> <p>BREAKFAST Waffles, Fruit</p> <p>LUNCH Hamburger on Bun, Toppings, French Fries, Fruit</p>	<p>19</p> <p>BREAKFAST Cereal, Toast, Fruit</p> <p>LUNCH Super Nachos, Pretzel, Corn on Cob, Carrots, Fruit</p>	<p>20 ALT: Sandwich/Chips</p> <p>BREAKFAST Dutch Waffle, Cheese Stick, Fruit</p> <p>LUNCH Chicken Patty on Bun, Sweet Potato Nuggets, Lettuce Salad, Fruit</p>	<p>21 ALT: Salad Bar</p> <p>BREAKFAST Cereal, Toast, Fruit</p> <p>LUNCH Beef Tips, Noodles, Green Beans, Broccoli/Dip, Roll, Fruit</p>	<p>22</p> <p>BREAKFAST McRocket, Fruit</p> <p>LUNCH Corn Dog, Baked Beans, Potato Salad, Chip/Salsa, Fruit</p>
<p>25 ALT: Sandwich/Chips</p> <p>BREAKFAST Pancakes, Fruit</p> <p>LUNCH Chicken Alfredo, Noodles, Peas/Carrots, Breadstick, Fruit</p>	<p>26</p> <p>BREAKFAST Cereal, Toast, Fruit</p> <p>LUNCH Tacos, Toppings, Tri-Tators, Refried Beans, Fruit</p>	<p>27 ALT: Sandwich/Chips</p> <p>BREAKFAST Muffin, Yogurt, Fruit</p> <p>LUNCH Turkey/Gravy, Mashed Potatoes, Corn, Dinner Roll, Fruit</p>	<p>28 ALT: Salad Bar</p> <p>BREAKFAST Cereal, Toast, Fruit</p> <p>LUNCH Riblet on Bun, Smile Fries, Green Beans, Fruit</p>	<p>29</p> <p>BREAKFAST Breakfast Pizza, Fruit</p> <p>LUNCH Italian Dunkers, Sauce, Romaine Salad, Sugar Snap Peas/Dip, Fruit</p>
	<p>MENU SUBJECT TO CHANGE AS NEEDED</p> <p><i>This institution is an equal opportunity provider.</i></p>	<p><i>Breakfast: 4 oz Fruit Juice & 8 oz 1% white, fat free, or chocolate milk offered. Lunch: 8 oz 1% white, fat free, or chocolate milk. Lactose milk with written request. Condiments served.</i></p>		<p>Breakfast: \$1.55</p> <p>Elem Lunch: \$2.15</p> <p>7 -12 Lunch \$2.40</p> <p>Adult Lunch \$3.70</p> <p>Extra Milk .40 2nd lunch \$1</p>